# WELLBEING LANCASHIRE SWARM DAY



What will I get from attending the day?

Join us to SWARM together on these highly engaging workplace wellbeing strategy days.

The event is for you if you are responsible for managing the health and wellbeing or performance and engagement of your workforce.

Our SWARM days provide workshops and activities to help you with:

Strategy
Wellbeing
Amusement (fun activities)
Reset
Measurement

...to give you and your business the tools and information to get you started on your wellbeing journey.

The events will be held at the North West Centre for Business and Team Wellbeing based at The Wellbeing Farm, Edgworth BL70BY – a certified Covid-19 secure farmbased venue.

An informative yet fun day in a sustainable venue consisting of:

**Strategy** – Delivered by experienced facilitators who are enthusiastic about wellbeing, you will emerge with your own wellbeing strategy tailored to your business needs.

Wellbeing – Over the course of the day, experienced Wellbeing Lancashire accredited providers will deliver a series of practical workshops aimed to give you an understanding of what wellbeing Services are available to you and your business.

Amusement (fun activities) – The events are held at The Wellbeing Farm where you'll enjoy a relaxed atmosphere, delicious and freshly prepared food and the opportunity to get involved in fun wellbeing activities.

Reset – As we prepare to leave COVID behind and move on, things are different. What better time to implement change. 2021 is the perfect opportunity to kick-start, or accelerate your wellbeing strategy.

Measurement – As with all business investment it's important to understand the value of your return. We will work with you to identify KPI's and data to enable you to capture baseline information and continue to measure your success.



### **ADDED BENEFITS**

- You will be awarded a SWARM Day KINDEST Certificate of Accreditation on completion of the day
- An opportunity to network with likeminded people in similar roles, share ideas and make new friends and alliances.

## Dates for 2021:

- Thursday 22nd April (maximum 30 delegates) Introductory price of £50 + VAT per person
- ▼ Tuesday 8th June (maximum 100 delegates) £199 + VAT per person
- Tuesday 7th September
- ♥ Tuesday 12th October
- ♥ Tuesday 16th November

Cost: £199 + VAT per person

### **Price includes:**

- Lunch and refreshments throughout the day,
- Free car parking,
- Expert facilitation and tailored wellbeing workshops with multiple breakout areas including a Camp Fire!
- ♥ Wellbeing activities,
- Opportunity to network with like-minded individuals.
- ♥ A day to remember,
- Access if needed to ongoing support,
- Your tailored action plan and strategy for implementation,
- A Wellbeing Lancashire SWARM Day Certificate of Attendance.



Wellbeing Lancashire - a Community
Interest Company tasked with raising
wellbeing to the highest priority in Lancashire
was formed by a group of independent
wellbeing providers.

# www.wellbeinglancashire.org.uk

To find out how you can get involved email membership@wellbeinglancashire.org.uk



Join us in this mission...

membership@wellbeinglancashire.org.uk www.wellbeinglancashire.org.uk @WellbeingLancashire